In this part of the exam, you are going to take part in a conversation with the other candidate. The conversation will last about 7 minutes.

**TAKING UP A NEW HOBBY OR ACTIVITY**

You have quite a demanding job and live a very fast-paced, high-pressure lifestyle. You work long hours and don’t have particularly healthy habits: you smoke, practically live on takeaways and drink far too much coffee, so the doctor has told you to work less, change your eating habits and start doing some sport.

A colleague at the office has the same problem; discuss with him / her what kind of activity you would like to do and why.

Take into account that:
- you are an energetic person so you would like to take up something energetic too
- you have always been fond of water sports and extreme sports
- you agree with the idea of slowing down, but not too much
- as you work indoors you would like to do something outdoors
In this part of the exam, you are going to take part in a conversation with the other candidate. The conversation will last about 7 minutes.

Taking up a new hobby or activity

You have quite a demanding job and live a very fast-paced, high-pressure lifestyle. You work long hours and don’t have particularly healthy habits: you smoke, practically live on takeaways and drink far too much coffee, so the doctor has told you to work less, change your eating habits and start doing some sport.

A colleague at the office has the same problem; discuss with him / her what kind of activity you would like to do and why.

Take into account that:
- you have realized that your health is important so you’ve decided to really slow down
- you have always been curious about meditation
- but you are also the gregarious type and enjoy doing things with other people
- you’ve been thinking about joining a ballroom dancing club; maybe you could persuade your colleague to join in!