

TASK I: MONOLOGUE

TOPIC 3

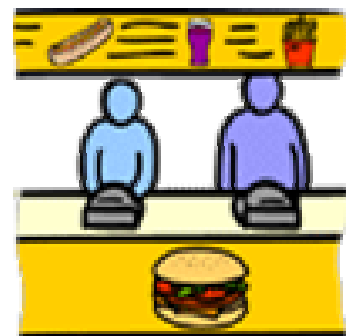
- *In this part of the exam you are going to give a short talk on a topic.*
- *You can use some of the ideas given below, or any other information relevant to the topic.*
- *The talk should last 3 or 4 minutes. When the teacher signals you to stop you should bring your talk to a conclusion.*
- *When it is the other candidate's turn to speak, you should not interrupt. When he or she finishes one of the examiners will ask you one question about what they have said.*

EATING HABITS

The eating habits of Spanish people have changed over the last few years. Explain how.

Most experts agree that the **Mediterranean diet** is particularly beneficial. What are its main characteristics?

Fast food **restaurants are now offering "healthier" menus**. Are they admitting their normal menus are not so healthy?



Doctors are especially worried about **what children and teenagers eat**. What can be done to solve this problem?