



## TASK 2 – MONOLOGUE CARD Nº 10

- Preparation time: 3 minutes max.
- Speaking time: 2 minutes min. – 3 minutes max.

### CANDIDATE C

#### FOOD & DIET

These photos show two different types of diet:



Consider the following questions:

- Which option do you prefer? Why?
- What are the advantages and disadvantages of each option?
- Which option do you think is more popular nowadays?

**Compare, contrast and justify your choice.**