

SET 8 CANDIDATO B

TASK 1 MONOLOGUE

- Read the introduction to the topic and the suggestions.
- Choose three or four ideas to talk about. You may add your own ideas.
- Talk for between **three and a half to four minutes**.

HEALTH AND FOOD



- ✓ *Obesity, food disorders, junk food.*
- *Organic food, pesticides, additives.*
- ✓ *How healthy is your diet / lifestyle?*
- *Dieting: different kinds of special diets. Your opinion.*
- ✓ *Stress of life today? Ways to combat stress.*
- *National Health system vs. private health insurance.*