

TASK 1 MONOLOGUE

- Read the title of the topic and the suggestions.
- Choose **one or more ideas** to include in your monologue. You can add ideas of your own.
- Talk to your partner about the topic for **3 to 3.30 minutes**.

PHYSICAL EXERCISE



- Keeping fit
- Paying to do sport / sports facilities in your town
- New generations have a sedentary life. Why? What can we do to change this?
- The most popular sport in your country
- Extreme sports. What do you think? Have you ever tried any?