

**NIVEL AVANZADO**

**MODELO 1**

**A**

**TAREA 2: DIÁLOGO**

Your workplace is very demanding. You work too many hours and are taking up many responsibilities. You have tried to talk to your manager, but he/she won't offer you any help.

Ask your colleague for advice. He/she might help you. **You start the conversation.**

**NIVEL AVANZADO**

**MODELO 1**

**B**

## **TAREA 2: DIÁLOGO**

Your colleague is worried about their stressful situation at work. He/she doesn't know how to deal with it and asks you for advice. He/she is really desperate.

Talk to him/her, giving suggestions about time and stress management, work-life balance or even emotional intelligence. **A starts the conversation.**